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Nonalcoholic Fatty Liver Disease E Chart: Full Illustrated

Nonalcoholic Fatty Liver Disease

Nonalcoholic fatty liver disease is a disease of the liver that is characterized by an accumulation of fat and triglycerides within the liver cells. The liver stores glycogen from the muscle, stores vitamins, fat, and uses various pathological processes that are in the chemical metabolism of the. Among the causes, the groups can be distinguished: alcohol and non-alcoholic diseases. This even has similar symptoms and symptoms. However, there are also differences in their signs and some aspects of their histology. Alcohol-related diseases in particular include cirrhosis, while non-alcoholic steatohepatitis is usually associated with other chronic diseases. Non-alcoholic steatohepatitis was first described in 1975 by Brunt et al.¹

In these patients, the histological picture is similar to that of alcoholic liver disease, but it is distinguished by the fact that it is associated with metabolic syndrome, obesity, insulin resistance, and an elevated triglyceride level. In 1980, Ludwig et al.² reported the term "non-alcoholic steatohepatitis" to describe a group of patients of the Mayo Clinic who were obese but did not drink alcohol. Histological changes of the liver, including ballooning and inflammation, were similar to those of alcoholic liver disease. In a subsequent study, the Mayo Clinic researchers found that these patients had similar degrees of liver disease, including steatosis, inflammation, and fibrosis, as well as similar signs of liver damage, such as elevated liver enzymes, abnormal liver function tests, and abnormal liver histology.

The most common of the disease is steatosis, which is the fact that it is associated with metabolic syndrome, obesity, insulin resistance, and an elevated triglyceride level. In 1980, Ludwig et al.² reported the term "non-alcoholic steatohepatitis" to describe a group of patients of the Mayo Clinic who were obese but did not drink alcohol. Histological changes of the liver, including ballooning and inflammation, were similar to those of alcoholic liver disease. In a subsequent study, the Mayo Clinic researchers found that these patients had similar degrees of liver disease, including steatosis, inflammation, and fibrosis, as well as similar signs of liver damage, such as elevated liver enzymes, abnormal liver function tests, and abnormal liver histology.

Most patients with non-alcoholic steatohepatitis have been associated with metabolic syndrome, obesity, insulin resistance, and an elevated triglyceride level. The most important signs being the following:

- Obesity
- Insulin resistance
- Elevated triglyceride level

All these factors are related to insulin resistance, which is the cornerstone of the problem. The disease has also been observed in the people, individuals associated with some of the previously mentioned risk factors, and of age patients from children through to older patients.

Normal Liver, fatty liver and cirrhosis of the liver

Histology Normal liver

Histology Steatosis / Steatohepatitis

Histology Cirrhotic liver

Pathophysiology of fatty liver

Pharmacological treatment

10-24%

30%

30%

30%



Synopsis

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